

**IX NatWest Island Games
Isle of Man 2001
Swimming
Results**

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


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Mens Results

Result for - Mens 100m Backstroke, Final

Pos	Competitor	Country	Result	Medal	
1 st	ANDREW MACKAY	Cayman Island	57.94	Gold	
2 nd	ALEXIS MILITIS	Jersey	58.97	Silver	
3 rd	DANE HARROP	Isle of Man	59.87	Bronze	
4 th	IAN POWELL	Guernsey	1:00.15		
5 th	JONATHON LE NOURY	Guernsey	1:01.21		
6 th	SIMON LE COUILLIARD	Jersey	1:01.48		
7 th	DIA JACOBSEN	Faroe Isles	1:04.09		
8 th	JOHN MOLYNEAUX	Isle of Wight	1:05.97		

Result for - Mens 100m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	DANE HARROP	Isle of Man	1:00.41
2 nd	JONATHON LE NOURY	Guernsey	1:01.11
3 rd	PAUL MORETON	Isle of Wight	1:05.40
4 th	SVANTE ABERG	Åland	1:05.72
5 th	JAMES NICOLSON	Shetland	1:08.92
6 th	ANESTIS TOULOUMIS	Rhodos	1:11.50

Result for - Mens 100m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	ALEXIS MILITIS	Jersey	59.23
2 nd	SIMON LE COUILLIARD	Jersey	1:00.92
3 rd	DIA JACOBSEN	Faroe Isles	1:02.60
4 th	ANGEL GONZALEZ	Gibraltar	1:08.47
5 th	BEN DELANEY	Orkney	1:08.74
6 th	GETHIN FRANCIS	Ynys Môn	1:09.04

Result for - Mens 100m Backstroke, Heat 3

Pos	Competitor	Country	Result
1 st	ANDREW MACKAY	Cayman Island	1:00.55
2 nd	IAN POWELL	Guernsey	1:00.91
3 rd	JOHN MOLYNEAUX	Isle of Wight	1:04.47
4 th	MICHAEL MOORE	Isle of Man	1:05.13
5 th	DAVID HENDERSON	Shetland	1:05.94
6 th	LAURIE RAE	Orkney	1:09.23

Result for - Mens 100m Breaststroke, Final

Pos	Competitor	Country	Result	Medal
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1 st	DAMIEN BOUCHIERE	Jersey	1:05:94	Gold	
2 nd	ASBJORN HANSEN	Färöarna	1:06:12	Silver	
3 rd	TIM ASHWELL	Isle of Wight	1:07:59	Bronze	
4 th	DAVID ROBERTS	Ynys Môn	1:08:24		
5 th	SIMON HOBSON	Isle of Wight	1:09:15		
6 th	ADRIAN MARSH	Guernsey	1:09:59		
7 th	GAVIN SANTOS	Gibraltar	1:09:89		
8 th	ALEXANDER BLACK	Jersey	1:10:88		

Result for - Mens 100m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	DAVID ROBERTS	Ynys Môn	1:09.41
2 nd	ALEXANDER BLACK	Jersey	1:09.42
3 rd	GAVIN SANTOS	Gibraltar	1:09.47
4 th	CHRIS ADKINS	Guernsey	1:10.59
5 th	JAMIE ZAMMITT	Gibraltar	1:11.10
6 th	GARY SMITH	Shetland	1:13.89
7 th	VASILIS MANTIKOS	Rhodos	1:22.82




Result for - Mens 100m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	TIM ASHWELL	Isle of Wight	1:08.01
2 nd	SIMON HOBSON	Isle of Wight	1:09.03
3 rd	KRISTIAN MARTIN JOENSEN	Färöarna	1:10.50
4 th	KEVIN GIFFORD	Shetland	1:11.33
5 th	JAMES ROBERTS	Ynys Môn	1:12.30
6 th	LARS BOMAN	Åland	1:13.71
7 th	JONAS BACKLUND	Åland	1:13.95

Result for - Mens 100m Breaststroke, Heat 3

Pos	Competitor	Country	Result
1 st	ASBJORN HANSEN	Färöarna	1:06.07
2 nd	DAMIEN BOUCHIERE	Jersey	1:06.27
3 rd	ADRIAN MARSH	Guernsey	1:09.60
4 th	JAMES QUAYLE	Isle of Man	1:10.17
5 th	NIGEL QUAYE	Isle of Man	1:11.72
6 th	FRANK GUSTAUSSON	Gotland	1:16.42
7 th	BEJAMIN POINTING	Falklands	1:24.99

Result for - Mens 100m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	ALEXIS MILITIS	Jersey	56:88 GR	Gold 
2 nd	ALAN JONES	Isle of Man	57:31	Silver 
3 rd	DAVID RUSSELL	Isle of Wight	58:28	Bronze 
4 th	JOHN TOMLIN	Guernsey	59:36	
5 th	ADAM RICHARDS	Isle of Man	1:00:40	
6 th	ADRIAN MARSH	Guernsey	1:00:51	
7 th	SIMON LE COUILLIARD	Jersey	1:00:66	
8 th	DIA JACOBSEN	Faroe Isles	1:02:01	

Previous Results / Records

Record: 57.12 **By:** Alan Jones **Representing:** Isle of Man, 1997
Gotland Winner: Alan G Jones **Representing:** Isle of Man

Result for - Mens 100m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	ALEXIS MILITIS	Jersey	58.02
2 nd	ADAM RICHARDS	Isle of Man	1:00.11
3 rd	ADRIAN MARSH	Guernsey	1:00.90
4 th	NEIL GRAHAM	Shetland	1:05:41




Result for - Mens 100m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	ALAN JONES	Isle of Man	59.06
2 nd	SIMON LE COUILLIARD	Jersey	1:01.17
3 rd	FRANK GUSTAUSSON	Gotland	1:08.95
4 th	HAKAN HANSSON	Gotland	1:08.98
5 th	JAMES NICOLSON	Shetland	1:09.51

Result for - Mens 100m Butterfly, Heat 3

Pos	Competitor	Country	Result
1 st	DAVID RUSSELL	Isle of Wight	59.45
2 nd	JOHN TOMLIN	Guernsey	1:00.01
3 rd	DIA JACOBSEN	Faroe Isles	1:00.78
4 th	EIVIND EYSTUROY	Faroe Isles	1:01.30
5 th	GETHIN FRANCIS	Ynys Môn	1:03.82
6 th	BEN DELANEY	Orkney	1:08.10
7 th	IOANIS SAMARTZIS	Rhodos	1:10.51

Result for - Mens 100m Freestyle, Final

Pos	Competitor	Country	Result	Medal	
1 st	ALEXIS MILITIS	Jersey	51:38 GR	Gold	
2 nd	DAVID ROBERTS	Ynys Môn	52:12	Silver	
3 rd	EIVIND EYSTUROY	Faroe Isles	52:94	Bronze	
4 th	GREGORY ZIMMERMAN	Guernsey	54.79		
5 th	NIALL KILLEY	Isle of Man	54:87		
6 th	CHRISTOPHER CANTELO	Isle of Wight	54:92		
7 th	LIAM DU FEU	Jersey	54:97		
8 th	JOHN TOMLIN	Guernsey	56:07		

Previous Results / Records

Record: 52.53 **By:** Sean Rowe-Hagens **Representing:** Guernsey, 1997
Gotland Winner: Sean Rowe-Hagens **Representing:** Guernsey

There was no Heat 1

Result for - Mens 100m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	DAVID ROBERTS	Ynys Môn	52.90
2 nd	GREGORY ZIMMERMAN	Guernsey	55.02
3 rd	DAVID HENDERSON	Shetland	55.55
4 th	JAMES ROBERTS	Ynys Môn	56.15
5 th	GAVIN SANTOS	Gibraltar	56.53
6 th	IOANIS SAMARTZIS	Rhodos	1:01.93
7 th	BEJAMIN POINTING	Falklands	1:08.85
8 th	MATTHEW POINTING	Falklands	1:13.91




Result for - Mens 100m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	ALAN JONES	Isle of Man	53.74
2 nd	NIALL KILLEY	Isle of Man	54.67
3 rd	LIAM DU FEU	Jersey	55.18
4 th	CHRISTOPHER CANTELO	Isle of Wight	55.20
5 th	ANGEL GONZALEZ	Gibraltar	56.76
6 th	CALUM ELDER	Orkney	56:87
7 th	KEVIN GIFFORD	Shetland	57.21
8 th	DOMINIC ROSS	Cayman Islands	1:02.18

Result for - Mens 100m Freestyle, Heat 4

Pos	Competitor	Country	Result
1 st	ALEXIS MILITIS	Jersey	51.89 GR
2 nd	EIVIND EYSTUROY	Faroe Isles	54.38
3 rd	JOHN TOMLIN	Guernsey	55.47
4 th	SVANTE ABERG	Åland	56.97
5 th	HAKAN HANSSON	Gotland	58.43
6 th	JONAS PERSSON	Gotland	58.81
7 th	DIA JACOBSEN	Faroe Isles	59.05
8 th	LARS BOMAN	Åland	1:00.11




Result for - Mens 1500m Freestyle HDW, Final

Pos	Competitor	Country	Result	Medal
1 st	NATHAN JEGOU	Jersey	15:55.29 GR	Gold 
2 nd	DANIEL HALKSWORTH	Jersey	16:40.93	Silver 
3 rd	JONATHON LE NOURY	Guernsey	16:53.41	Bronze 
4 th	JONAS PERSSON	Gotland	17:20.45	
5 th	CHRISTOPHER CANTELO	Isle of Wight	17:20.88	
6 th	GARRY MANLEY	Isle of Man	17:22.42	
7 th	ROSS YEATES	Guernsey	17:29.18	
8 th	GARY SMITH	Shetland	20:11.97	
9 th	THOMAS PHILLIPS	Ynys Môn	20:26.42	
10 th	DAVID THOMAS	Ynys Môn	20:35.46	
11 th	KEITH OLIVER	Shetland	23:21.52	

Previous Results / Records

Record: 16.02.1 **By:** Simon Militis **Representing:** Jersey, 1997
Gotland Winner: Alexis Militis **Representing:** Jersey

Result for - Mens 200m Backstroke, Final

Pos	Competitor	Country	Result	Medal	
1 st	ANDREW MACKAY	Cayman Island	2:03.55 GR	Gold	
2 nd	DANE HARROP	Isle of Man	2:05.94	Silver	
3 rd	IAN POWELL	Guernsey	2:07.32	Bronze	
4 th	SIMON LE COUILLIARD	Jersey	2:09.07		
5 th	JONATHON LE NOURY	Guernsey	2:11.68		
6 th	DANIEL HALKSWORTH	Jersey	2:11.73		
7 th	JOHN MOLYNEAUX	Isle of Wight	2:16.15		
8 th	DAVID HENDERSON	Shetland	2:24.01		

Previous Results / Records

Record: 2.04.69 **By:** Simon Militis **Representing:** Jersey, 1997
Gotland Winner: Dane Harrop **Representing:** Isle of Man




Result for - Mens 200m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	ANDREW MACKAY	Cayman Island	2:11.37
2 nd	SIMON LE COUILLIARD	Jersey	2:12.08
3 rd	DANIEL HALKSWORTH	Jersey	2:14.44
4 th	JOHN MOLYNEAUX	Isle of Wight	2:15.83
5 th	MICHAEL MOORE	Isle of Man	2:20.84
6 th	JONAS PERSSON	Gotland	2:26.17
7 th	FILIP SAHLSTEN	Gotland	2:27.24

Result for - Mens 200m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	DANE HARROP	Isle of Man	2:11.30
2 nd	IAN POWELL	Guernsey	2:11.44
3 rd	JONATHON LE NOURY	Guernsey	2:11.77
4 th	DAVID HENDERSON	Shetland	2:20.31
5 th	PAUL MORETON	Isle of Wight	2:29.13
6 th	JAMES NICOLSON	Shetland	2:30.94
7 th	GARETH JONES	Ynys Môn	2:46.97

Result for - Mens 200m Breaststroke, Final

Pos	Competitor	Country	Result	Medal
1 st	DAMIEN BOUCHIERE	Jersey	2:22.73	Gold 
2 nd	JAMES PALLOT	Jersey	2:25.78	Silver 
3 rd	ADRIAN MARSH	Guernsey	2:27.71	Bronze 
4 th	GAVIN SANTOS	Gibraltar	2:29.58	
5 th	NIGEL QUAYE	Isle of Man	2:32.04	
6 th	CHRIS ADKINS	Guernsey	2:33.57	
7 th	SIMON HOBSON	Isle of Wight	2:36.95	
8 th	KRISTIAN MARTIN JOENSEN	Faroe Isles	2:37.83	

Result for - Mens 200m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	DAMIEN BOUCHIERE	Jersey	2:26.20
2 nd	ADRIAN MARSH	Guernsey	2:29.30
3 rd	KRISTIAN MARTIN JOENSEN	Faroe Isles	2:35.55
4 th	FRANK GUSTAUSSON	Gotland	2:45.99
5 th	ELGAN JONES	Ynys Môn	2:51.39
6 th	SAMI LEHTINEN	Åland	DQ




Result for - Mens 200m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	GAVIN SANTOS	Gibraltar	2:30.86
2 nd	DAVID RUSSELL	Isle of Wight	2:31.89
3 rd	SIMON HOBSON	Isle of Wight	2:36.20
4 th	JAMIE ZAMMITT	Gibraltar	2:36.90
5 th	ADAM JACKSON	Isle of Man	2:37.23
6 th	GARY SMITH	Shetland	2:49.58

Result for - Mens 200m Breaststroke, Heat 3

Pos	Competitor	Country	Result
1 st	JAMES PALLOT	Jersey	2:27.50
2 nd	CHRIS ADKINS	Guernsey	2:32.29
3 rd	NIGEL QUAYE	Isle of Man	2:34.08
4 th	KEVIN GIFFORD	Shetland	2:36.57
5 th	JONAS PERSSON	Gotland	2:52.80
6 th	VASILIS MANTIKOS	Rhodos	2:55.30

Result for - Mens 200m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	DAVID RUSSELL	Isle of Wight	2:07:68	Gold 
2 nd	JOHN TOMLIN	Guernsey	2:08:32	Silver 
3 rd	DANE HARROP	Isle of Man	2:08:66	Bronze 
4 th	NATHAN JEGOU	Jersey	2:10:34	
5 th	BEN LOWNDES	Guernsey	2:10:95	
6 th	SIMON LE COUILLIARD	Jersey	2:14:09	
7 th	ADAM RICHARDS	Isle of Man	2:14:64	
8 th	DAVID HENDERSON	Shetland	2:21:67	




Result for - Mens 200m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	JOHN TOMLIN	Guernsey	2:09.40
2 nd	DANE HARROP	Isle of Man	2:09.84
3 rd	BEN LOWNDES	Guernsey	2:13.43
4 th	SIMON LE COUILLIARD	Jersey	2:14.75
5 th	GETHIN FRANCIS	Ynys Môn	2:22.86
6 th	SAMI LEHTINEN	Åland	2:23.03
7 th	NEIL GRAHAM	Shetland	2:36.69
8 th	FILIP SAHLSTEN	Gotland	2:38.13

Result for - Mens 200m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	DAVID RUSSELL	Isle of Wight	2:08.46
2 nd	NATHAN JEGOU	Jersey	2:10.88
3 rd	ADAM RICHARDS	Isle of Man	2:14.47
4 th	DAVID HENDERSON	Shetland	2:19.86
5 th	MATTHEW PARKER	Isle of Wight	2:28.83
6 th	FRANK GUSTAUSSON	Gotland	2:50.08

Result for - Mens 200m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	DAVID ROBERTS	Ynys Môn	1:55.78	Gold 
2 nd	NATHAN JEGOU	Jersey	1:55.80	Silver 
3 rd	LIAM DU FEU	Jersey	1:58.18	Bronze 
4 th	NIALL KILLEY	Isle of Man	1:59.19	
5 th	CHRISTOPHER CANTELO	Isle of Wight	2:00.78	
6 th	JONATHON LE NOURY	Guernsey	2:01.25	
7 th	GREGORY ZIMMERMAN	Guernsey	2:01.54	
8 th	GARRY MANLEY	Isle of Man	2:03.88	

Result for - Mens 200m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	NIALL KILLEY	Isle of Man	1:59:59
2 nd	JONATHON LE NOURY	Guernsey	2:01:07
3 rd	GARRY MANLEY	Isle of Man	2:02:01
4 th	DAVID HENDERSON	Shetland	2:02:94



Result for - Mens 200m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	LIAM DU FEU	Jersey	1:59:03
2 nd	ANGEL GONZALEZ	Gibraltar	2:04:91
3 rd	CALUM ELDER	Orkney	2:09:29
4 th	NEIL GRAHAM	Shetland	2:10:62
5 th	JONAS PERSSON	Gotland	2:12:84
6 th	SVANTE ABERG	Åland	2:13:78
7 th	JONAS BACKLUND	Åland	2:16:91

Result for - Mens 200m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	NATHAN JEGOU	Jersey	1:58:33
2 nd	DAVID ROBERTS	Ynys Môn	1:59:05
3 rd	CHRISTOPHER CANTELO	Isle of Wight	2:00:93
4 th	GREGORY ZIMMERMAN	Guernsey	2:00:99
5 th	HAKAN HANSSON	Gotland	2:12:28

Result for - Mens 200m Individual Medley, Final

Pos	Competitor	Country	Result	Medal
1 st	DAMIEN BOUCHIERE	Jersey	2:08:53	Gold 
2 nd	ALAN JONES	Isle of Man	2:11:77	Silver 
3 rd	DAVID RUSSELL	Isle of Wight	2:12:09	Bronze 
4 th	IAN POWELL	Guernsey	2:13:07	
5 th	SIMON LE COUILLIARD	Jersey	2:13:55	
6 th	JOHN TOMLIN	Guernsey	2:15:09	
7 th	GAVIN SANTOS	Gibraltar	2:19:21	
8 th	SAMI LEHTINEN	Åland	2:20:15	

Result for - Mens 200m Individual Medley, Heat 1

Pos	Competitor	Country	Result
1 st	DAMIEN BOUCHIERE	Jersey	2:10.70
2 nd	SIMON LE COUILLIARD	Jersey	2:14.96
3 rd	GAVIN SANTOS	Gibraltar	2:17.69
4 th	SAMI LEHTINEN	Åland	2:20.27
5 th	THOMAS PHILLIPS	Ynys Môn	2:33.01
6 th	FLORI BOGDANIS	Rhodos	DQ




Result for - Mens 200m Individual Medley, Heat 2

Pos	Competitor	Country	Result
1 st	ALAN JONES	Isle of Man	2:13.68
2 nd	KRISTIAN MARTIN JOENSEN	Faroe Isles	2:21.38
3 rd	CALUM ELDER	Orkney	2:28.92
4 th	HAKAN HANSSON	Gotland	2:32.27
5 th	JONAS PERSSON	Gotland	2:40.05
6 th	ANDREW MACKAY	Cayman Island	DQ

Result for - Mens 200m Individual Medley, Heat 3

Pos	Competitor	Country	Result
1 st	IAN POWELL	Guernsey	2:16.64
2 nd	JOHN TOMLIN	Guernsey	2:18.39
3 rd	DAVID RUSSELL	Isle of Wight	2:18.43
4 th	ADAM JACKSON	Isle of Man	2:23.11
5 th	KEVIN GIFFORD	Shetland	2:25.15
6 th	NEIL GRAHAM	Shetland	2:27.69

Result for - Mens 4 x 100m Freestyle Relay, Final

Pos	Team	Country	Result	Medal
1 st	JERSEY MEN	Jersey	3:34.74	Gold 
2 nd	ISLE OF MAN MEN	Isle of Man	3:36.78	Silver 
3 rd	FAROE MEN	Faroe Isles	3:38.16	Bronze 
4 th	GUERNSEY MEN	Guernsey	3:38.64	
5 th	YNYS MON MEN	Ynys Môn	3:44.75	
6 th	SHETLAND MEN	Shetland	3:47.89	
7 th	ISLE OF WIGHT MEN	Isle of Wight	4:03.69	
8 th	GOTLAND MEN	Gotland	4:18.95	




Result for - Mens 4 x 100m Freestyle Relay, Heat 1

Pos	Team	Country	Result
1 st	ISLE OF MAN MEN	Isle of Man	3:45:50
2 nd	GUERNSEY MEN	Guernsey	3:45:81
3 rd	YNYS MONS MEN	Ynys Môn	3:47:68
4 th	ALAND MEN	Åland	3:53:35

Result for - Mens 4 x 100m Freestyle Relay, Heat 2

Pos	Team	Country	Result
1 st	FAROE MEN	Faroe Isles	3:42:92
2 nd	JERSEY MEN	Jersey	3:44:54
3 rd	SHETLAND MEN	Shetland	3:47:47
4 th	ISLE OF WIGHT MEN	Isle of Wight	3:50:02
5 th	GOTLAND MEN	Gotland	3:52:75
6 th	ORKNEY MEN	Orkney	3:53:33

Result for - Mens 4 x 100m Medley Relay, Final

Pos	Team	Country	Result	Medal
1 st	ISLE OF MAN MEN	Isle of Man	3:57.11	Gold 
2 nd	JERSEY MEN	Jersey	3:59.08	Silver 
3 rd	ISLE OF WIGHT MEN	Isle of Wight	4:02.41	Bronze 
4 th	GUERNSEY MEN	Guernsey	4:02.57	
5 th	SHETLAND MEN	Shetland	4:16.55	
6 th	ALAND MEN	Åland	4:20.61	
7 th	YNYS MONS MEN	Ynys Môn	4:29.81	




Result for - Mens 4 x 100m Medley Relay, Heat 1

Pos	Team	Country	Result
1 st	GUERNSEY MEN	Guernsey	4:08.25
2 nd	SHETLAND MEN	Shetland	4:20.53
3 rd	YNYS MONS MEN	Ynys Môn	4:22.52
4 th	ALAND MEN	Åland	4:22.87
5 th	GOTLAND MEN	Gotland	4:29.13

Result for - Mens 4 x 100m Medley Relay, Heat 2

Pos	Team	Country	Result
1 st	ISLE OF MAN MEN	Isle of Man	4:06.08
2 nd	FAROE MEN	Faroe Isles	4:08.39
3 rd	ISLE OF WIGHT MEN	Isle of Wight	4:08.76
4 th	JERSEY MEN	Jersey	4:08.90
5 th	RHODOS MEN	Rhodos	4:42.91

Result for - Mens 4 x 50m Freestyle Relay, Final

Pos	Team	Country	Result	Medal
1 st	ISLE OF MAN MEN	Isle of Man	1:37.82 GR	Gold 
2 nd	FAROE MEN	Faroe Isles	1:38.26	Silver 
3 rd	JERSEY MEN	Jersey	1:38.50	Bronze 
4 th	GUERNSEY MEN	Guernsey	1:40.07	
5 th	YNYS MONS MEN	Ynys Môn	1:40.85	
6 th	SHETLAND MEN	Shetland	1:42.86	
7 th	ORKNEY MEN	Orkney	1:43.15	
8 th	GOTLAND MEN	Gotland	1:44.59	

Previous Results / Records

Record: 1.37.88 **By:** Russel Gidney, John Tomlin, Paul Adkins, Sean Rowe Hagans **Representing:** Guernsey, 1999
Gotland Winner: Guernsey **Representing:** Guernsey




Result for - Mens 4 x 50m Freestyle Relay, Heat 1

Pos	Team	Country	Result
1 st	ISLE OF MAN MEN	Isle of Man	1:39.44
2 nd	YNYS MONS MEN	Ynys Môn	1:41.76
3 rd	ORKNEY MEN	Orkney	1:43.36
4 th	SHETLAND MEN	Shetland	1:43.37
5 th	RHODOS MEN	Rhodos	1:53.41

Result for - Mens 4 x 50m Freestyle Relay, Heat 2

Pos	Team	Country	Result
1 st	FAROE MEN	Faroe Isles	1:40.33
2 nd	GUERNSEY MEN	Guernsey	1:40.93
3 rd	JERSEY MEN	Jersey	1:42.09
4 th	GOTLAND MEN	Gotland	1:44.48
5 th	ALAND MEN	Åland	1:45.97

Result for - Mens 4 x 50m Medley Relay, Final

Pos	Team	Country	Result	Medal
1 st	ISLE OF MAN MEN	Isle of Man	1:48:48 GR	Gold 
2 nd	FAROE MEN	Faroe Isles	1:48:79	Silver 
3 rd	JERSEY MEN	Jersey	1:49:48	Bronze 
4 th	ISLE OF WIGHT MEN	Isle of Wight	1:50:68	
5 th	GUERNSEY MEN	Guernsey	1:52:27	
6 th	SHETLAND MEN	Shetland	1:55:20	
7 th	YNYS MONS MEN	Ynys Môn	1:55:85	
8 th	ORKNEY MEN	Orkney	1:56:14	

Previous Results / Records

Record: 1.49.01 **By:** Dane Harrop, David Batty, Alan Jones, Marcus Cooil **Representing:** Isle of Man, 1997
Gotland Winner: Faroe Islands **Representing:** Faroe Isles


Result for - Mens 4 x 50m Medley Relay, Heat 1

Pos	Team	Country	Result
1 st	ISLE OF MAN MEN	Isle of Man	1:50.73
2 nd	FAROE MEN	Faroe Isles	1:51.70
3 rd	ISLE OF WIGHT MEN	Isle of Wight	1:53.34
4 th	SHETLAND MEN	Shetland	1:56.14
5 th	RHODOS MEN	Rhodos	2:06.73

Result for - Mens 4 x 50m Medley Relay, Heat 2

Pos	Team	Country	Result
1 st	JERSEY MEN	Jersey	1:52.88
2 nd	GUERNSEY MEN	Guernsey	1:54.45
3 rd	YNYS MONS MEN	Ynys Môn	1:56.29
4 th	ORKNEY MEN	Orkney	1:56.71
5 th	ALAND MEN	Åland	1:59.02
6 th	GOTLAND MEN	Gotland	2:00.68

Result for - Mens 400m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	NATHAN JEGOU	Jersey	4:03.81	Gold 
2 nd	NICK HAWKSHAW	Jersey	4:08.16	Silver 
3 rd	BEN LOWNDES	Guernsey	4:10.58	Bronze 
4 th	CHRISTOPHER CANTELO	Isle of Wight	4:19.19	
5 th	GARRY MANLEY	Isle of Man	4:22.81	
6 th	ROSS YEATES	Guernsey	4:23.38	
7 th	JONAS PERSSON	Gotland	4:25.26	
8 th	SAMI LEHTINEN	Åland	4:34.93	



Result for - Mens 400m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	BEN LOWNDES	Guernsey	4:18.25
2 nd	NIALL KILLEY	Isle of Man	4:20.54
3 rd	CHRISTOPHER CANTELO	Isle of Wight	4:21.95
4 th	SAMI LEHTINEN	Åland	4:41.33
5 th	HAKAN HANSSON	Gotland	4:46.74
6 th	THOMAS PHILLIPS	Ynys Môn	4:55.00

Result for - Mens 400m Freestyle, Heat 2

Pos	Competitor	Country	Result
2 nd	NATHAN JEGOU	Jersey	4:09.29
3 rd	NICK HAWKSHAW	Jersey	4:11.31
4 th	GARRY MANLEY	Isle of Man	4:19.36
5 th	ROSS YEATES	Guernsey	4:19.72
6 th	JONAS PERSSON	Gotland	4:35.71
7 th	NEIL GRAHAM	Shetland	4:46.31

Result for - Mens 400m Individual Medley, Final

Pos	Competitor	Country	Result	Medal
1 st	DAMIEN BOUCHIERE	Jersey	4:30:96	Gold 
2 nd	SIMON LE COUILLIARD	Jersey	4:40:79	Silver 
3 rd	IAN POWELL	Guernsey	4:42:15	Bronze 
4 th	BEN LOWNDES	Guernsey	4:44:03	
5 th	DAVID HENDERSON	Shetland	4:55:93	
6 th	SAMI LEHTINEN	Åland	5:01:30	
7 th	ADAM JACKSON	Isle of Man	5:04:15	
8 th	JONAS PERSSON	Gotland	5:04:37	




Result for - Mens 400m Individual Medley, Heat 1

Pos	Competitor	Country	Result
1 st	DAMIEN BOUCHIERE	Jersey	4:40:74
2 nd	BEN LOWNDES	Guernsey	4:48:40
3 rd	KRISTIAN MARTIN JOENSEN	Faroe Isles	4:52:15
4 th	KEVIN GIFFORD	Shetland	5:12:78
5 th	JAMES QUAYLE	Isle of Man	5:20:50

Result for - Mens 400m Individual Medley, Heat 2

Pos	Competitor	Country	Result
1 st	SIMON LE COUILLIARD	Jersey	4:49:31
2 nd	IAN POWELL	Guernsey	4:50:12
3 rd	SAMI LEHTINEN	Åland	4:56:33
4 th	DAVID HENDERSON	Shetland	5:04:66
5 th	ADAM JACKSON	Isle of Man	5:07:00
6 th	JONAS PERSSON	Gotland	5:07:95
7 th	THOMAS PHILLIPS	Ynys Môn	5:34:19

Result for - Mens 50m Backstroke, Final

Pos	Competitor	Country	Result	Medal
1 st	ALEXIS MILITIS	Jersey	27:01 GR	Gold 
2 nd	ANDREW MACKAY	Cayman Island	27:13	Silver 
3 rd	DANE HARROP	Isle of Man	28:05	Bronze 
4 th	IAN POWELL	Guernsey	28:55	
5 th	JAMES PALLOT	Jersey	28:62	
6 th	DIA JACOBSEN	Färöarna	29:08	
7 th	JONATHON LE NOURY	Guernsey	29:37	
8 th	JOHN MOLYNEAUX	Isle of Wight	30:61	

Previous Results / Records

Record: 28.01 **By:** Simon Militis **Representing:** Jersey, 1997
Gotland Winner: Dane Harrop **Representing:** Isle of Man

Result for - Mens 50m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	ELGAN JONES	Ynys Môn	33.30
2 nd	MATTHEW POINTING	Falklands	41.04

Result for - Mens 50m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	DANE HARROP	Isle of Man	28.06
2 nd	PAUL MORETON	Isle of Wight	29.99
3 rd	DAVID HENDERSON	Shetland	30.06
4 th	KRISTIAN COWIN	Isle of Man	30.52
5 th	LAURIE RAE	Orkney	31.22
6 th	ANGEL GONZALEZ	Gibraltar	31.83
7 th	BEN DELANEY	Orkney	31.90




Result for - Mens 50m Backstroke, Heat 3

Pos	Competitor	Country	Result
1 st	DIA JACOBSEN	Färöarna	28.78
2 nd	JONATHON LE NOURY	Guernsey	29.15
3 rd	EIVIND EYSTUROY	Färöarna	29.38
4 th	JOHN MOLYNEAUX	Isle of Wight	29.49
5 th	SVANTE ABERG	Åland	29.74
6 th	GETHIN FRANCIS	Ynys Môn	30.73

Result for - Mens 50m Backstroke, Heat 4

Pos	Competitor	Country	Result
1 st	ALEXIS MILITIS	Jersey	27.29 GR
2 nd	ANDREW MACKAY	Cayman Island	27.62
3 rd	IAN POWELL	Guernsey	28.53
4 th	JAMES PALLOT	Jersey	28.85
5 th	FILIP SAHLSTEN	Gotland	31.66
6 th	JAMES NICOLSON	Shetland	31.75
7 th	JONAS BACKLUND	Åland	31.89
8 th	ANESTIS TOULOUMIS	Rhodos	32.15

Result for - Mens 50m Breaststroke, Final

Pos	Competitor	Country	Result	Medal
1 st	ASBJORN HANSEN	Faroe Isles	30.16	Gold 
2 nd	DAVID BATTY	Isle of Man	30.25	Silver 
3 rd	TIM ASHWELL	Isle of Wight	30.26	Bronze 
4 th	ALAN JONES	Isle of Man	30.29	
5 th	DAMIEN BOUCHIERE	Jersey	30.54	
6 th	MARK IRVING	Orkney	31.00	
7 th	SIMON HOBSON	Isle of Wight	31.90	
8 th	ALEXANDER BLACK	Jersey	31.98	

Result for - Mens 50m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	ALAN JONES	Isle of Man	30.93
2 nd	MARK IRVING	Orkney	31.32
3 rd	SIMON HOBSON	Isle of Wight	31.83
4 th	CHRIS ADKINS	Guernsey	32.53
5 th	JAMES ROBERTS	Ynys Môn	33.60
6 th	FRANK GUSTAUSSON	Gotland	34.85
7 th	VASILIS MANTIKOS	Rhodos	38.28




Result for - Mens 50m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	ASBJORN HANSEN	Faroe Isles	30.06
2 nd	DAMIEN BOUCHIERE	Jersey	31.01
3 rd	KEVIN GIFFORD	Shetland	32.62
4 th	ADRIAN MARSH	Guernsey	32.64
5 th	LARS BOMAN	Åland	32.86
6 th	JONAS BACKLUND	Åland	33.78
7 th	MATTHEW POINTING	Falklands	41.37

Result for - Mens 50m Breaststroke, Heat 3

Pos	Competitor	Country	Result
1 st	DAVID BATTY	Isle of Man	30.28
2 nd	TIM ASHWELL	Isle of Wight	31.10
3 rd	ALEXANDER BLACK	Jersey	31.92
4 th	JAMIE ZAMMITT	Gibraltar	32.37
5 th	GAVIN SANTOS	Gibraltar	33.06
6 th	GARY SMITH	Shetland	33.18
7 th	ELGAN JONES	Ynys Môn	34.91
8 th	DOMINIC ROSS	Cayman Island	36.98

Result for - Mens 50m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	ALAN JONES	Isle of Man	25.67 GR	Gold 
2 nd	ALEXIS MILITIS	Jersey	25.82	Silver 
3 rd	ASBJORN HANSEN	Faroe Isles	26.60	Bronze 
4 th	EIVIND EYSTUROY	Faroe Isles	26.62	
5 th	DAVID RUSSELL	Isle of Wight	26.78	
6 th	DAVID BATTY	Isle of Man	27.06	
7 th	ANDREW MACKAY	Cayman Island	27.07	
8 th	DAMIEN BOUCHIERE	Jersey	27.43	

Previous Results / Records

Record: 26.33 **By:** Alan Jones **Representing:** Isle of Man, 1997
Gotland Winner: Eivind Eysturoy **Representing:** Faroe Isles

Result for - Mens 50m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	SAVAS POTSOU	Rhodos	31.16
2 nd	FLORI BOGDANIS	Rhodos	31.67
3 rd	BEJAMIN POINTING	Falklands	36.36

Result for - Mens 50m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	ALEXIS MILITIS	Jersey	26.05
2 nd	DAVID BATTY	Isle of Man	27.10
3 rd	ANDREW MACKAY	Cayman Island	27.74
4 th	JOHN TOMLIN	Guernsey	28.03
5 th	GETHIN FRANCIS	Ynys Môn	28.56
6 th	JAMES NICOLSON	Shetland	30.53
7 th	JAMIE ZAMMITT	Gibraltar	30.57




Result for - Mens 50m Butterfly, Heat 3

Pos	Competitor	Country	Result
1 st	<u>ASBJORN HANSEN</u>	<u>Faroe Isles</u>	26.75
2 nd	<u>DAVID RUSSELL</u>	<u>Isle of Wight</u>	27.22
3 rd	<u>GREGORY ZIMMERMAN</u>	<u>Guernsey</u>	28.03
4 th	<u>NEIL GRAHAM</u>	<u>Shetland</u>	28.10
5 th	<u>BEN DELANEY</u>	<u>Orkney</u>	28.87
6 th	<u>ELGAN JONES</u>	<u>Ynys Môn</u>	29.97

Result for - Mens 50m Butterfly, Heat 4

Pos	Competitor	Country	Result
1 st	<u>ALAN JONES</u>	<u>Isle of Man</u>	26.01 GR
2 nd	<u>EIVIND EYSTUROY</u>	<u>Faroe Isles</u>	27.27
3 rd	<u>DAMIEN BOUCHIERE</u>	<u>Jersey</u>	27.32
4 th	<u>SIMON HOBSON</u>	<u>Isle of Wight</u>	29.08
5 th	<u>FRANK GUSTAUSSON</u>	<u>Gotland</u>	29.11
6 th	<u>SVANTE ABERG</u>	<u>Åland</u>	29.17
7 th	<u>SAMI LEHTINEN</u>	<u>Åland</u>	30.32

Result for - Mens 50m Freestyle, Final

Pos	Competitor	Country	Result	Medal	
1 st	ALEXIS MILITIS	Jersey	23:67 GR	Gold	
2 nd	DAVID ROBERTS	Ynys Môn	23:86	Silver	
3 rd	ALAN JONES	Isle of Man	23:95	Bronze	
4 th	EIVIND EYSTUROY	Faroe Isles	24:19		
5 th	GREGORY ZIMMERMAN	Guernsey	24:65		
6 th	JOHN TOMLIN	Guernsey	25:33		
7 th	CHRISTOPHER CANTELO	Isle of Wight	25:55		
8 th	SVANTE ABERG	Åland	25:68		

Previous Results / Records

Record: 23.82 **By:** Sean Rowe-Hagans **Representing:** Guernsey, 1997
Gotland Winner: Sean Rowe-Hagans **Representing:** Guernsey

Result for - Mens 50m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	LARS BOMAN	Åland	26.81
2 nd	BEJAMIN POINTING	Falklands	30.00
3 rd	MATTHEW POINTING	Falklands	31.01

Result for - Mens 50m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	DAVID ROBERTS	Ynys Môn	24.15
2 nd	ALEXANDER BLACK	Jersey	25.89
3 rd	HAKAN HANSSON	Gotland	26.16
4 th	ANGEL GONZALEZ	Gibraltar	26.65
5 th	DAVID BATTY	Isle of Man	26.99
6 th	JAMES NICOLSON	Shetland	27.17
7 th	SAVAS POTSOU	Rhodos	29.14

Result for - Mens 50m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	ALAN JONES	Isle of Man	24.35
2 nd	GREGORY ZIMMERMAN	Guernsey	24.65
3 rd	CHRISTOPHER CANTELO	Isle of Wight	25.44
4 th	SVANTE ABERG	Åland	25.71
5 th	CALUM ELDER	Orkney	26.00
6 th	IOANIS SAMARTZIS	Rhodos	28.31

Result for - Mixed 8 x 50m Freestyle Relay, Final

Pos	Team	Country	Result	Medal	
1 st	JERSEY	Jersey	3:30.87	Gold	
2 nd	GUERNSEY	Guernsey	3:31.29	Silver	
3 rd	ISLE OF WIGHT	Isle of Wight	3:33.23	Bronze	
4 th	ISLE OF MAN	Isle of Man	3:37.01		
5 th	GOTLAND	Gotland	3:40.43		
6 th	SHETLAND	Shetland	3:46.63		
7 th	ORKNEY	Orkney	3:50.97		
8 th	YNYS MON	Ynys Môn	3:53.46		

Result for - Mixed 8 x 50m Freestyle Relay, Heat 1




Pos	Team	Country	Result
1 st	JERSEY	Jersey	3:39.08
2 nd	ISLE OF MAN	Isle of Man	3:39.53
3 rd	ISLE OF WIGHT	Isle of Wight	3:41.44
4 th	GUERNSEY	Guernsey	3:45.73
5 th	YNYS MON	Ynys Môn	3:52.01

Result for - Mixed 8 x 50m Freestyle Relay, Heat 2

Pos	Team	Country	Result
1 st	GOTLAND	Gotland	3:43.41
2 nd	SHETLAND	Shetland	3:46.08
3 rd	ORKNEY	Orkney	3:51.09
4 th	RHODES	Rhodos	4:04.06

Womens Results

Result for - Womens 100m Backstroke, Final

Pos	Competitor	Country	Result	Medal	
1 st	SHAUNA POWELL	Cayman Island	1:04:02 GR	Gold	
2 nd	ELIZABETH KREUZ	Isle of Wight	1:05:01	Silver	
3 rd	CHLOE BREHALT	Guernsey	1:06:78	Bronze	
4 th	CLARE GRUNDY	Isle of Wight	1:07:88		
5 th	SAM LOWNDES	Guernsey	1:08:10		
6 th	KIERA BLACK	Jersey	1:09:68		
7 th	KATHERINE GAMLIN	Jersey	1:09:80		
8 th	PETRA ALLESTAD	Gotland	1:10:43		

Result for - Womens 100m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	CHLOE BREHALT	Guernsey	1:08.69
2 nd	KIERA BLACK	Jersey	1:09.80
3 rd	RACHEL FORTUNATO	Gibraltar	1:10.89
4 th	EMMA NORDBERG	Åland	1:13.08
5 th	CHLOE GARRICK	Shetland	1:18.02
6 th	CHARLOTTE PETERS	Ynys Môn	1:21.65



Result for - Womens 100m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	1:05.30
2 nd	CLARE GRUNDY	Isle of Wight	1:09.03
3 rd	LAURA STAFFORD	Cayman Island	1:11.06
4 th	GEMMA RICHARDS	Isle of Man	1:11.75
5 th	VICKY DEZSENYI	Isle of Man	1:11.76
6 th	ERICA NILSSON	Gotland	1:22.90
7 th	DONNA TRIGGS	Falklands	1:25.02

Result for - Womens 100m Backstroke, Heat 3

Pos	Competitor	Country	Result
1 st	SHAUNA POWELL	Cayman Island	1:06.40
2 nd	PETRA ALLESTAD	Gotland	1:09.64
3 rd	KATHERINE GAMLIN	Jersey	1:09.96
4 th	SAM LOWNDES	Guernsey	1:10.82
5 th	POPI GICOPULU	Rhodos	1:18.05
6 th	TINA WOOD	Orkney	1:20.32
7 th	MARGARITA GRIGORIADI	Rhodos	1:21.47

Result for - Womens 100m Breaststroke, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	1:12.76	Gold 
2 nd	GAIL STROBRIDGE	Guernsey	1:15.25	Silver 
3 rd	IDA SANDIN	Gotland	1:15.49	Bronze 
4 th	ARIANNE SANGUINETTI	Gibraltar	1:17.16	
5 th	KATE SLOAN	Jersey	1:17.39	
6 th	CLAIRE WILSON	Ynys Môn	1:19.43	
7 th	BÁRA JOENSEN	Faroe Isles	1:20.00	
8 th	SAM LOWNDES	Guernsey	1:20.64	

Result for - Womens 100m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	KATE SLOAN	Jersey	1:18.01
2 nd	ARIANNE SANGUINETTI	Gibraltar	1:19.41
3 rd	ANGELICA ALLESTAD	Gotland	1:22.41
4 th	LYNSEY PEARSON	Shetland	1:24.66
5 th	STACEY THORNTON	Orkney	1:28.13
6 th	TINA WOOD	Orkney	1:33.20




Result for - Womens 100m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	IDA SANDIN	Gotland	1:18.00
2 nd	CLAIRE WILSON	Ynys Môn	1:21.10
3 rd	GEMMA RICHARDS	Isle of Man	1:22.20
4 th	AMY TURNER	Isle of Wight	1:23.69
5 th	LAUREN O NEILL	Isle of Man	1:24.25
6 th	LIZZY HAINES	Cayman Island	1:26.31
7 th	CLAIRE KILMARTIN	Falklands	1:32.54

Result for - Womens 100m Breaststroke, Heat 3

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	1:18.03
2 nd	GAIL STROBRIDGE	Guernsey	1:19.59
3 rd	BÁRA JOENSEN	Faroe Isles	1:20.55
4 th	SAM LOWNDES	Guernsey	1:20.98
5 th	ANN CARTER	Shetland	1:26.93
6 th	HELENE BOGDANI	Rhodos	1:27.02
7 th	RACHEL OWEN	Ynys Môn	1:29.50

Result for - Womens 100m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	EMMA HIRST	Jersey	1:06.43	Gold 
2 nd	CLARE GRUNDY	Isle of Wight	1:06.65	Silver 
3 rd	KATHERINE GAMLIN	Jersey	1:06.85	Bronze 
4 th	HEATHER ROFFEY	Cayman Island	1:07.36	
5 th	CLAIRE WILSON	Ynys Môns	1:08.48	
6 th	SAMANTHA HERRIDGE	Guernsey	1:08.92	
7 th	ERICA GRANESATER	Åland	1:09.32	
8 th	ALICE NIVEN	Guernsey	1:09.58	

Result for - Womens 100m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	ERICA GRANESATER	Åland	1:09.15
2 nd	CLAIRE WILSON	Ynys Môns	1:09.96
3 rd	ELAINE REYES	Gibraltar	1:10.89
4 th	EMILY BUTLER	Isle of Man	1:15.04
5 th	DAWN WOOD	Orkney	1:15.66
6 th	ERICA NILSSON	Gotland	1:27.27




Result for - Womens 100m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	CLARE GRUNDY	Isle of Wight	1:06.94
2 nd	EMMA HIRST	Jersey	1:07.27
3 rd	ALICE NIVEN	Guernsey	1:09.21
4 th	SHAILA MILLUM GAR ARNAR	Färöarna	1:11.65
5 th	EMMA NORDBERG	Åland	1:15.83
6 th	TINA WOOD	Orkney	1:18.24

Result for - Womens 100m Butterfly, Heat 3

Pos	Competitor	Country	Result
1 st	KATHERINE GAMLIN	Jersey	1:06.94
2 nd	SAMANTHA HERRIDGE	Guernsey	1:08.51
3 rd	HEATHER ROFFEY	Cayman Island	1:09.10
4 th	ELLEN BATTY	Isle of Man	1:11.38
5 th	CHLOE GARRICK	Shetland	1:17.65
6 th	ANN CARTER	Shetland	1:19.82

Result for - Womens 100m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	58.16 GR	Gold 
2 nd	ELIZABETH KREUZ	Isle of Wight	58.93	Silver 
2 nd	GAIL STROBRIDGE	Guernsey	59.31	Bronze 
4 th	EMMA HIRST	Jersey	1:01.05	
5 th	SAM LOWNDES	Guernsey	1:01.47	
6 th	ELAINE REYES	Gibraltar	1:01.95	
7 th	CLAIRE WILSON	Ynys Môn	1:02.18	
8 th	SHAILA MILLUM GAR ARNAR	Faroe Isles	1:03.14	

Previous Results / Records

Record: 59.7. **By:** Cate Jackson **Representing:** Guernsey, 1985
Gotland Winner: Helen Watts **Representing:** Guernsey

Result for - Womens 100m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	CLAIRE KILMARTIN	Falklands	1:10.21
2 nd	CHARLOTTE PETERS	Ynys Môn	1:11.49
3 rd	SAMANTHA DAVIS	Falklands	1:15.91

Result for - Womens 100m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	CLAIRE WILSON	Ynys Môn	1:01.84
2 nd	ELAINE REYES	Gibraltar	1:02.48
3 rd	LAURA STAFFORD	Cayman Island	1:03.46
4 th	KATRINA ELDRIDGE	Isle of Wight	1:03.82
5 th	LYNSEY HENDERSON	Shetland	1:05.40

Result for - Womens 100m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	<u>EMMA HIRST</u>	<u>Jersey</u>	1:01.71
2 nd	<u>ELIZABETH KREUZ</u>	<u>Isle of Wight</u>	1:03.09
3 rd	<u>SHAILA MILLUM GAR ARNAR</u>	<u>Faroe Isles</u>	1:03.18
4 th	<u>PETRA ALLESTAD</u>	<u>Gotland</u>	1:03.87
5 th	<u>ERICA GRANESATER</u>	<u>Åland</u>	1:05.11

Result for - Womens 100m Freestyle, Heat 4

Pos	Competitor	Country	Result
1 st	<u>NATALIE BREE</u>	<u>Jersey</u>	1:02.08
2 nd	<u>SAM LOWNDES</u>	<u>Guernsey</u>	1:02.49
3 rd	<u>GAIL STROBRIDGE</u>	<u>Guernsey</u>	1:03.41
4 th	<u>LAUREN O NEILL</u>	<u>Isle of Man</u>	1:07.87
5 th	<u>MARIA LARSSON</u>	<u>Gotland</u>	1:11.33
6 th	<u>TINA WOOD</u>	<u>Orkney</u>	1:11.58

Result for - Womens 200m Backstroke, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	2:17.22 GR	Gold 
2 nd	SHAUNA POWELL	Cayman Island	2:20.76	Silver 
3 rd	CHLOE BREHALT	Guernsey	2:23.28	Bronze 
4 th	CLARE GRUNDY	Isle of Wight	2:23.80	
5 th	LAURA STAFFORD	Cayman Island	2:27.19	
6 th	PETRA ALLESTAD	Gotland	2:30.05	
7 th	LAURA WILLETT	Isle of Wight	2:30.55	
8 th	KATHERINE GAMLIN	Jersey	2:32.16	

Previous Results / Records

Record: 2.20.54 **By:** Samantha Chaperon **Representing:** Jersey, 1997
Gotland Winner: Kyrene Cumbo **Representing:** Gibraltar

Result for - Womens 200m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	LAURA WILLETT	Isle of Wight	2:29.55
2 nd	PETRA ALLESTAD	Gotland	2:33.50
3 rd	VICKY DEZSENYI	Isle of Man	2:36.86
4 th	CHLOE GARRICK	Shetland	2:50.83
5 th	CHARLOTTE PETERS	Ynys Môn	2:53.48
6 th	DONNA TRIGGS	Falklands	2:58.76




Result for - Womens 200m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	2:27.59
2 nd	CLARE GRUNDY	Isle of Wight	2:28.10
3 rd	LAURA STAFFORD	Cayman Island	2:28.94
4 th	CASEY LEE	Guernsey	2:35.48
5 th	DEIRDRE ELLIS	Isle of Man	2:50.35
6 th	ERICA NILSSON	Gotland	2:56.85

Result for - Womens 200m Backstroke, Heat 3

Pos	Competitor	Country	Result
1 st	SHAUNA POWELL	Cayman Island	2:28.27
2 nd	CHLOE BREHALT	Guernsey	2:30.71
3 rd	KATHERINE GAMLIN	Jersey	2:33.77
4 th	EMMA NORDBERG	Åland	2:38.07

Result for - Womens 200m Breaststroke, Final

Pos	Competitor	Country	Result	Medal	
1 st	NATALIE BREE	Jersey	2:34:68 GR	Gold	
2 nd	GAIL STROBRIDGE	Guernsey	2:41:07	Silver	
3 rd	KATE SLOAN	Jersey	2:41:81	Bronze	
4 th	IDA SANDIN	Gotland	2:47:10		
5 th	ARIANNE SANGUINETTI	Gibraltar	2:49:17		
6 th	SAM LOWNDES	Guernsey	2:51:83		
7 th	LAUREN O NEILL	Isle of Man	2:58:64		
8 th	MARIA LARSSON	Gotland	3:03:53		

Previous Results / Records

Record: 2.39.04 **By:** Helen Watts **Representing:** Guernsey, 1999
Gotland Winner: Helen Watts **Representing:** Guernsey

Result for - Womens 200m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	GAIL STROBRIDGE	Guernsey	2:49.02
2 nd	ARIANNE SANGUINETTI	Gibraltar	2:50.57
3 rd	LAUREN O NEILL	Isle of Man	2:59.50
4 th	MARIA LARSSON	Gotland	3:00.09
5 th	LIZZY HAINES	Cayman Island	3:04.63
6 th	LYNSEY PEARSON	Shetland	3:06.31
7 th	LYNSEY HENDERSON	Shetland	3:08.78

Result for - Womens 200m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	2:48.20
2 nd	IDA SANDIN	Gotland	2:48.27
3 rd	KATE SLOAN	Jersey	2:48.65
4 th	SAM LOWNDES	Guernsey	2:53.89
5 th	HELENE BOGDANI	Rhodos	3:04.03
6 th	LAURA HADMAN	Isle of Man	3:15.39
7 th	CLAIRE KILMARTIN	Falklands	3:19.42

Result for - Womens 200m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	HEATHER ROFFEY	Cayman Island	2:20.25 GR	Gold 
2 nd	SAMANTHA HERRIDGE	Guernsey	2:25.21	Silver 
3 rd	KATHERINE GAMLIN	Jersey	2:27.96	Bronze 
4 th	IDA SANDIN	Gotland	2:31.32	
5 th	ROSIE BARRETT	Jersey	2:33.75	
6 th	ALICE NIVEN	Guernsey	2:34.56	
7 th	CLAIRE WILSON	Shetland	2:37.89	
8 th	ERICA GRANESATER	Åland	2:41.25	

Previous Results / Records

Record: 2.21.67 **By:** Janine Taylor **Representing:** Jersey, 1993
Gotland Winner: Kyrene Cumbo **Representing:** Gibraltar



Result for - Womens 200m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	KATHERINE GAMLIN	Jersey	2:27.84
2 nd	SAMANTHA HERRIDGE	Guernsey	2:31.74
3 rd	ALICE NIVEN	Guernsey	2:34.17
4 th	ROSIE BARRETT	Jersey	2:35.86
5 th	ANGELICA ALLESTAD	Gotland	2:43.12
6 th	SIAN SNELLGROVE	Isle of Man	3:09.22

Result for - Womens 200m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	HEATHER ROFFEY	Cayman Island	2:30.62
2 nd	IDA SANDIN	Gotland	2:33.87
3 rd	CLAIRE WILSON	Shetland	2:38.51
4 th	ERICA GRANESATER	Åland	2:40.50
5 th	DAWN WOOD	Orkney	2:47.72
6 th	EMILY BUTLER	Isle of Man	2:56.19

Result for - Womens 200m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	2:03:97 GR	Gold 
2 nd	ELIZABETH KREUZ	Isle of Wight	2:06:91	Silver 
3 rd	GAIL STROBRIDGE	Guernsey	2:09:14	Bronze 
4 th	ROSIE BARRETT	Jersey	2:09:44	
5 th	KAITLYN ELPHINSTONE	Cayman Island	2:09:51	
6 th	PETRA ALLESTAD	Gotland	2:12:02	
7 th	CHLOE BREHALT	Guernsey	2:12:92	
8 th	KARIN GAARDLYKKE	Färöarna	2:16:05	

Previous Results / Records

Record: 2.08.60 **By:** Cate Jackson **Representing:** Guernsey, 1985
Gotland Winner: Susan Le Couilliard **Representing:** Jersey

Result for - Womens 200m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	KAITLYN ELPHINSTONE	Cayman Island	2:13.40
2 nd	PETRA ALLESTAD	Gotland	2:13.57
3 rd	KARIN GAARDLYKKE	Färöarna	2:14.84
4 th	LAURA STAFFORD	Cayman Island	2:17.73
5 th	LAUREN O NEILL	Isle of Man	2:24.54
6 th	EMMA NORDBERG	Åland	2:28.84
7 th	DAWN WOOD	Orkney	2:36.63

Result for - Womens 200m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	ROSIE BARRETT	Jersey	2:11.29
2 nd	NATALIE BREE	Jersey	2:11.55
3 rd	CHLOE BREHALT	Guernsey	2:15.42
4 th	CLAIRE WILSON	Ynys Môn	2:15.53
5 th	EMILY BUTLER	Isle of Man	2:22.57
6 th	ERICA GRANESATER	Åland	2:23.25
7 th	LISA MCALISTER	Orkney	2:40.97

Result for - Womens 200m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	2:11.30
2 nd	GAIL STROBRIDGE	Guernsey	2:14.50
3 rd	KATRINA ELDRIDGE	Isle of Wight	2:16.85
4 th	ELAINE REYES	Gibraltar	2:17.23
5 th	LYNSEY HENDERSON	Shetland	2:21.91
6 th	ANGELICA ALLESTAD	Gotland	2:23.53
7 th	CHARLOTTE PETERS	Ynys Môn	2:37.49

Result for - Womens 200m Individual Medley, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	2:19:83 GR	Gold 
2 nd	GAIL STROBRIDGE	Guernsey	2:23:60	Silver 
3 rd	IDA SANDIN	Gotland	2:27:72	Bronze 
4 th	ROSIE BARRETT	Jersey	2:29:91	
5 th	CHLOE BREHALT	Guernsey	2:31:67	
6 th	HEATHER ROFFEY	Cayman Island	2:32:46	
7 th	ANGELICA ALLESTAD	Gotland	2:37:24	
8 th	LAURA WILLETT	Isle of Wight	2:37:48	

Previous Results / Records

Record: 2.23.88 **By:** Natalie Bree **Representing:** Jersey, 1999
Gotland Winner: Natalie Bree **Representing:** Jersey

Result for - Womens 200m Individual Medley, Heat 1

Pos	Competitor	Country	Result
1 st	GAIL STROBRIDGE	Guernsey	2:27.00
2 nd	CHLOE BREHALT	Guernsey	2:33.63
3 rd	ELAINE REYES	Gibraltar	2:36.97
4 th	LAURA STAFFORD	Cayman Island	2:41.07
5 th	ANN CARTER	Shetland	2:54.36

Result for - Womens 200m Individual Medley, Heat 2

Pos	Competitor	Country	Result
1 st	IDA SANDIN	Gotland	2:29.48
2 nd	ROSIE BARRETT	Jersey	2:31.33
3 rd	HEATHER ROFFEY	Cayman Island	2:34.46
4 th	EMILY BUTLER	Isle of Man	2:43.16
5 th	LAUREN O NEILL	Isle of Man	2:43.67
6 th	CHARLOTTE PETERS	Ynys Môn	3:00.25

Result for - Womens 200m Individual Medley, Heat 3

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	2:32.94
2 nd	LAURA WILLETT	Isle of Wight	2:34.17
3 rd	ANGELICA ALLESTAD	Gotland	2:35.75
4 th	CLAIRE WILSON	Ynys Môn	2:35.87
5 th	LYNSEY PEARSON	Shetland	2:57.93

Result for - Womens 4 x 100m Freestyle Relay, Final

Pos	Team	Country	Result	Medal	
1 st	JERSEY LADIES	Jersey	4:02.21 GR	Gold	
2 nd	GUERNSEY LADIES	Guernsey	4:05.30	Silver	
3 rd	ISLE OF WIGHT LADIES	Isle of Wight	4:10.16	Bronze	
4 th	GOTLAND LADIES	Gotland	4:13.83		
5 th	ISLE OF MAN LADIES	Isle of Man	4:19.13		
6 th	SHETLAND LADIES	Shetland	4:30.05		
7 th	YNYS MONS LADIES	Ynys Môn	4:37.22		
8 th	ORKNEY LADIES	Orkney	4:39.88		

Result for - Womens 4 x 100m Freestyle Relay, Heat 1

Pos	Team	Country	Result
1 st	GOTLAND LADIES	Gotland	4:23:34
2 nd	SHETLAND LADIES	Shetland	4:32:71
3 rd	YNYS MONS LADIES	Ynys Môn	4:41:29

Result for - Womens 4 x 100m Freestyle Relay, Heat 2

Pos	Team	Country	Result
1 st	JERSEY LADIES	Jersey	4:18:79
2 nd	GUERNSEY LADIES	Guernsey	4:21:01
3 rd	ISLE OF MAN LADIES	Isle of Man	4:21:50
4 th	ISLE OF WIGHT LADIES	Isle of Wight	4:22:60
5 th	ORKNEY LADIES	Orkney	4:42:23
6 th	RHODOS LADIES	Rhodos	4:47:20

Result for - Womens 4 x 100m Medley Relay, Final

Pos	Team	Country	Result	Medal
1 st	JERSEY LADIES	Jersey	4:29:88 GR	Gold 
2 nd	GUERNSEY LADIES	Guernsey	4:32:25	Silver 
3 rd	ISLE OF WIGHT LADIES	Isle of Wight	4:37:11	Bronze 
4 th	CAYMAN LADIES	Cayman Island	4:41:50	
5 th	GOTLAND LADIES	Gotland	4:53:39	
6 th	ISLE OF MAN LADIES	Isle of Man	4:55:45	
7 th	ORKNEY LADIES	Orkney	5:12:47	
8 th	YNYS MON LADIES	Ynys Môn	5:13:47	




Result for - Womens 4 x 100m Medley Relay, Heat 1

Pos	Team	Country	Result
1 st	JERSEY LADIES	Jersey	4:41.43
2 nd	GUERNSEY LADIES	Guernsey	4:45.52
3 rd	ISLE OF WIGHT LADIES	Isle of Wight	4:50.90
4 th	GOTLAND LADIES	Gotland	4:54.74
5 th	ISLE OF MAN LADIES	Isle of Man	4:56.82

Result for - Womens 4 x 100m Medley Relay, Heat 2

Pos	Team	Country	Result
1 st	CAYMAN LADIES	Cayman Island	4:52.62
2 nd	ORKNEY LADIES	Orkney	5:09.40
3 rd	YNYS MON LADIES	Ynys Môn	5:10.68
4 th	SHETLAND LADIES	Shetland	5:22.09

Womens 4 x 50m Freestyle Relay, Final

Competitor	Country	Result	Medal
JERSEY LADIES	Jersey	1:51.32 GR	Gold 
GUERNSEY LADIES	Guernsey	1:53.24	Silver 
ISLE OF WIGHT LADIES	Isle of Wight	1:53.34	Bronze 
GOTLAND LADIES	Gotland	1:55.76	
ISLE OF MAN LADIES	Isle of Man	1:56.10	
SHETLAND LADIES	Shetland	2:01.11	
ORKNEY LADIES	Orkney	2:06.00	
RHODOS LADIES	Rhodos	2:07.15	

Previous Results / Records

Record: 1.52.58 Susan Le Couilliard, Rebecca Brewer,
By: Joanne OBoyle, Samantha Chaperon
Gotland Winner: Jersey
Representing: Jersey, 1997
Representing: Jersey

Result for - Womens 4 x 50m Freestyle Relay, Heat 1

Pos	Team	Country	Result
1 st	ISLE OF WIGHT LADIES	Isle of Wight	1:54.48
2 nd	GUERNSEY LADIES	Guernsey	1:55.84
3 rd	SHETLAND LADIES	Shetland	2:02.14
4 th	YNYS MONS LADIES	Ynys Môn	2:09.46

Result for - Womens 4 x 50m Freestyle Relay, Heat 2

Pos	Team	Country	Result
1 st	JERSEY LADIES	Jersey	1:54.98
2 nd	GOTLAND LADIES	Gotland	1:55.89
3 rd	ISLE OF MAN LADIES	Isle of Man	1:56.88
4 th	ORKNEY LADIES	Orkney	2:05.27
5 th	RHODOS LADIES	Rhodos	2:06.25

Result for - Womens 4 x 50m Medley Relay, Final

Pos	Team	Country	Result	Medal
1 st	JERSEY LADIES	Jersey	2:02.87 GR	Gold 
2 nd	GUERNSEY LADIES	Guernsey	2:06.18	Silver 
3 rd	ISLE OF WIGHT LADIES	Isle of Wight	2:07.73	Bronze 
4 th	CAYMAN LADIES	Cayman Island	2:09.13	
5 th	GOTLAND LADIES	Gotland	2:10.12	
6 th	ISLE OF MAN LADIES	Rhodos	2:13.68	
7 th	SHETLAND LADIES	Shetland	2:18.05	
8 th	RHODOS LADIES	Rhodos	2:19.03	

Previous Results / Records

Record: 2.03.98 **By:** Emma Kinder, Helen Watts, Gail Strobridge, Lindsay Nash **Representing:** Guernsey, 1999
Gotland Winner: Guernsey **Representing:** Guernsey




Result for - Womens 4 x 50m Medley Relay, Heat 1

Pos	Team	Country	Result
1 st	JERSEY LADIES	Jersey	2:08.03
2 nd	ISLE OF WIGHT LADIES	Isle of Wight	2:11.16
3 rd	GOTLAND LADIES	Gotland	2:11.65
4 th	RHODOS LADIES	Rhodos	2:20.42
5 th	ORKNEY LADIES	Orkney	2:21.98

Result for - Womens 4 x 50m Medley Relay, Heat 2

Pos	Team	Country	Result
1 st	GUERNSEY LADIES	Guernsey	2:07.50
2 nd	CAYMAN LADIES	Cayman Island	2:11.78
3 rd	ISLE OF MAN LADIES	Rhodos	2:13.52
4 th	SHETLAND LADIES	Shetland	2:15.52
5 th	YNYS MÔN LADIES	Ynys Môn	2:23.63

Result for - Womens 400m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	ELIZABETH KREUZ	Isle of Wight	4:25.04 GR	Gold 
2 nd	HEATHER ROFFEY	Cayman Island	4:28.90	Silver 
3 rd	ROSIE BARRETT	Jersey	4:29.52	Bronze 
4 th	KAITLYN ELPHINSTONE	Cayman Island	4:32.41	
5 th	SAMANTHA HERRIDGE	Guernsey	4:36.82	
6 th	LAURA MIDDLETON	Jersey	4:38.16	
7 th	PETRA ALLESTAD	Gotland	4:38.61	
8 th	KARIN GAARDLYKKE	Faroe Isles	4:43.10	

Previous Results / Records

Record: 4.29.93 **By:** Susan Le Couilliard **Representing:** Jersey, 1995
Gotland Winner: Kristina Abbott **Representing:** Cayman Island

Result for - Womens 400m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	HEATHER ROFFEY	Cayman Island	4:38:29
2 nd	LAURA MIDDLETON	Jersey	4:41:44
3 rd	KAITLYN ELPHINSTONE	Cayman Island	4:46:15
4 th	ELIZABETH RAMSEY	Isle of Man	5:04:33




Result for - Womens 400m Freestyle, Heat 2

Pos	Competitor	Country	Result
1 st	ROSIE BARRETT	Jersey	4:40:76
2 nd	SAMANTHA HERRIDGE	Guernsey	4:42:20
3 rd	KATRINA ELDRIDGE	Isle of Wight	4:47:85
4 th	RACHEL FORTUNATO	Gibraltar	4:48:43
5 th	DEIRDRE ELLIS	Isle of Man	5:09:13
6 th	DAWN WOOD	Orkney	5:26:07

Result for - Womens 400m Freestyle, Heat 3

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	4:38:25
2 nd	PETRA ALLESTAD	Gotland	4:38:94
3 rd	KARIN GAARDLYKKE	Faroe Isles	4:44:32
4 th	SAM LOWNDES	Guernsey	4:52:29
5 th	LYNSEY HENDERSON	Shetland	5:05:97
6 th	AIMEE HOLLOWAY	Ynys Môn	5:24:27

Result for - Womens 400m Individual Medley, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	4:52.62 GR	Gold 
2 nd	GAIL STROBRIDGE	Guernsey	5:02.44	Silver 
3 rd	HEATHER ROFFEY	Cayman Island	5:04.87	Bronze 
4 th	ROSIE BARRETT	Jersey	5:05.75	
5 th	IDA SANDIN	Gotland	5:11.95	
6 th	SAM LOWNDES	Guernsey	5:22.21	
7 th	ANGELICA ALLESTAD	Gotland	5:30.77	
8 th	LAUREN O NEILL	Isle of Man	5:43.02	




Result for - Womens 400m Individual Medley, Heat 1

Pos	Competitor	Country	Result
1 st	ROSIE BARRETT	Jersey	5:08.08
2 nd	GAIL STROBRIDGE	Guernsey	5:15.97
3 rd	ANGELICA ALLESTAD	Gotland	5:30.98
4 th	LAUREN O NEILL	Isle of Man	5:53.98
5 th	LYNSEY HENDERSON	Shetland	5:58.46

Result for - Womens 400m Individual Medley, Heat 2

Pos	Competitor	Country	Result
1 st	HEATHER ROFFEY	Cayman Island	5:10.84
2 nd	NATALIE BREE	Jersey	5:12.34
3 rd	IDA SANDIN	Gotland	5:21.49
4 th	SAM LOWNDES	Guernsey	5:24.22
5 th	ELIZABETH RAMSEY	Isle of Man	5:55.39

Result for - Womens 50m Backstroke, Final

Pos	Competitor	Country	Result	Medal
1 st	SHAUNA POWELL	Cayman Island	30.00	Gold 
2 nd	NATALIE BREE	Jersey	30.53	Silver 
3 rd	ELIZABETH KREUZ	Isle of Wight	31.05	Bronze 
4 th	GAIL STROBRIDGE	Guernsey	31.20	
5 th	CHLOE BREHALT	Guernsey	31.69	
6 th	ROSIE BARRETT	Jersey	32.01	
7 th	RACHEL FORTUNATO	Gibraltar	32.23	
8 th	CLARE GRUNDY	Isle of Wight	32.64	

Result for - Womens 50m Backstroke, Heat 1

Pos	Competitor	Country	Result
1 st	CLAIRE KILMARTIN	Falklands	37.14
2 nd	DONNA TRIGGS	Falklands	38.52
3 rd	RACHEL OWEN	Ynys Môn	41.85

Result for - Womens 50m Backstroke, Heat 2

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	31.86
2 nd	CHLOE BREHALT	Guernsey	32.35
3 rd	ROSIE BARRETT	Jersey	32.82
4 th	LAURA STAFFORD	Cayman Island	34.50
5 th	ERICA NILSSON	Gotland	39.05




Result for - Womens 50m Backstroke, Heat 3

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	31.39
2 nd	RACHEL FORTUNATO	Gibraltar	33.19
3 rd	PETRA ALLESTAD	Gotland	33.60
4 th	GEMMA RICHARDS	Isle of Man	34.02
5 th	EMMA NORDBERG	Åland	34.03
6 th	LISA MCALISTER	Orkney	35.72
7 th	POPI GICOPULU	Rhodos	36.08

Result for - Womens 50m Backstroke, Heat 4

Pos	Competitor	Country	Result
1 st	SHAUNA POWELL	Cayman Island	31.45
2 nd	GAIL STROBRIDGE	Guernsey	31.77
3 rd	CLARE GRUNDY	Isle of Wight	32.95
4 th	VICKY DEZSENYI	Isle of Man	33.82
5 th	CHLOE GARRICK	Shetland	35.87
6 th	MARGARITA GRIGORIADI	Rhodos	37.02
7 th	CHARLOTTE PETERS	Ynys Môn	37.67

Result for - Womens 50m Breaststroke, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	33.46	Gold 
2 nd	GAIL STROBRIDGE	Guernsey	34.80	Silver 
3 rd	IDA SANDIN	Gotland	35.13	Bronze 
4 th	ELLEN BATTY	Isle of Man	35.45	
5 th	ARIANNE SANGUINETTI	Gibraltar	35.52	
6 th	KATE SLOAN	Jersey	36.27	
7 th	BÁRA JOENSEN	Färöarna	36.57	
8 th	CLARE GRUNDY	Isle of Wight	37.43	

Result for - Womens 50m Breaststroke, Heat 1

Pos	Competitor	Country	Result
1 st	ELLEN BATTY	Isle of Man	35.60
2 nd	ARIANNE SANGUINETTI	Gibraltar	35.96
3 rd	BÁRA JOENSEN	Färöarna	36.56
4 th	AMY TURNER	Isle of Wight	37.19
5 th	SAM LOWNDES	Guernsey	38.23
6 th	ANN CARTER	Shetland	38.28
7 th	CLAIRE KILMARTIN	Falklands	41.77




Result for - Womens 50m Breaststroke, Heat 2

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	34.22
2 nd	GAIL STROBRIDGE	Guernsey	35.53
3 rd	CLARE GRUNDY	Isle of Wight	36.91
4 th	CLAIRE WILSON	Ynys Môn	37.38
5 th	GEMMA RICHARDS	Isle of Man	37.97
6 th	RACHEL FORTUNATO	Gibraltar	38.10
7 th	LIZZY HAINES	Cayman Island	41.66
8 th	SAMANTHA DAVIS	Falklands	45.64

Result for - Womens 50m Breaststroke, Heat 3

Pos	Competitor	Country	Result
N/A	IDA SANDIN	Gotland	35.52
N/A	KATE SLOAN	Jersey	36.47
N/A	MARIA LARSSON	Gotland	37.69
N/A	LYNSEY PEARSON	Shetland	38.09
N/A	HELENE BOGDANI	Rhodos	39.27
N/A	STACEY THORNTON	Orkney	40.20
N/A	RACHEL OWEN	Ynys Môn	42.09
N/A	KIRSTY INKSTER	Orkney	43.19

Result for - Womens 50m Butterfly, Final

Pos	Competitor	Country	Result	Medal
1 st	ELIZABETH KREUZ	Isle of Wight	29.70	Gold 
2 nd	EMMA HIRST	Jersey	29.94	Silver 
3 rd	KATHERINE GAMLIN	Jersey	30.47	Bronze 
4 th	CLAIRE WILSON	Ynys Môn	30.54	
5 th	CLARE GRUNDY	Isle of Wight	30.60	
5 th	ERICA GRANESATER	Åland	30.60	
7 th	SHAILA MILLUM GAR ARNAR	Faroe Isles	31.68	
8 th	ELAINE REYES	Gibraltar	31.84	

Result for - Womens 50m Butterfly, Heat 1

Pos	Competitor	Country	Result
1 st	KATHERINE GAMLIN	Jersey	30.62
2 nd	CLARE GRUNDY	Isle of Wight	30.80
3 rd	SHAILA MILLUM GAR ARNAR	Faroe Isles	31.76
4 th	DAWN WOOD	Orkney	33.01
5 th	ANN CARTER	Shetland	33.26
6 th	RACHEL OWEN	Ynys Môn	38.56




Result for - Womens 50m Butterfly, Heat 2

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	29.69 GR
2 nd	ERICA GRANESATER	Åland	30.59
3 rd	ALICE NIVEN	Guernsey	32.61
4 th	ANGELICA ALLESTAD	Gotland	34.31
5 th	LYNSEY HENDERSON	Shetland	35.39
5 th	POPI GICOPULU	Rhodos	35.39
7 th	SAMANTHA DAVIS	Falklands	42.27

Result for - Womens 50m Butterfly, Heat 3

Pos	Competitor	Country	Result
1 st	EMMA HIRST	Jersey	29.46 GR
2 nd	ELLEN BATTY	Isle of Man	31.68
3 rd	ELAINE REYES	Gibraltar	32.54
4 th	CHLOE BREHALT	Guernsey	32.73
5 th	GEMMA RICHARDS	Isle of Man	33.56
6 th	TINA WOOD	Orkney	34.34
7 th	CLAIRE KILMARTIN	Falklands	39.17

Result for - Womens 50m Freestyle, Final

Pos	Competitor	Country	Result	Medal
1 st	NATALIE BREE	Jersey	26.90 GR	Gold 
2 nd	GAIL STROBRIDGE	Guernsey	27.45	Silver 
3 rd	CLAIRE WILSON	Ynys Môn	27.80	Bronze 
4 th	ELIZABETH KREUZ	Isle of Wight	28.04	
5 th	EMMA HIRST	Jersey	28.34	
6 th	ERICA GRANESATER	Åland	28.41	
7 th	ELAINE REYES	Gibraltar	28.86	
8 th	BÁRA JOENSEN	Faroe Isles	28.88	

Previous Results / Records

Record: 27.79 **By:** Samantha Chaperon **Representing:** Jersey, 1997
Gotland Winner: Helen Watts **Representing:** Guernsey

Result for - Womens 50m Freestyle, Heat 1

Pos	Competitor	Country	Result
1 st	ELIZABETH KREUZ	Isle of Wight	27:90
2 nd	IDA SANDIN	Gotland	28:89
3 rd	SHAILA MILLUM GAR ARNAR	Faroe Isles	28:92
4 th	RACHEL FORTUNATO	Gibraltar	29:01
5 th	LYNSEY HENDERSON	Shetland	30:91
6 th	CLAIRE KILMARTIN	Falklands	31:58
7 th	CHARLOTTE PETERS	Ynys Môn	32:21
8 th	SAMANTHA DAVIS	Falklands	34:04

There was no Heat 2

Result for - Womens 50m Freestyle, Heat 3




Pos	Competitor	Country	Result
1 st	CLAIRE WILSON	Ynys Môn	28:24
2 nd	EMMA HIRST	Jersey	28:48
3 rd	BÁRA JOENSEN	Faroe Isles	28:62
4 th	ELAINE REYES	Gibraltar	28:73
5 th	KATRINA ELDRIDGE	Isle of Wight	29:17
6 th	MARIA LARSSON	Gotland	29:92
7 th	LISA MCALISTER	Orkney	31:19
8 th	POPI GICOPULU	Rhodos	32:57

Result for - Womens 50m Freestyle, Heat 4

Pos	Competitor	Country	Result
1 st	NATALIE BREE	Jersey	27:73
2 nd	GAIL STROBRIDGE	Guernsey	28:32
3 rd	ERICA GRANESATER	Åland	28:77
4 th	GEMMA RICHARDS	Isle of Man	29:51
5 th	NIKOLETA KRITSA	Rhodos	31:03
6 th	KIRSTY INKSTER	Orkney	32:98

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Result for - Womens 800m Freestyle HDW, Final

Pos	Competitor	Country	Result	Medal
1 st	ROSIE BARRETT	Jersey	9:14.96 GR	Gold 
2 nd	KAITLYN ELPHINSTONE	Cayman Islands	9:18.41	Silver 
3 rd	HEATHER ROFFEY	Cayman Islands	9:18.90	Bronze 
4 th	SAMANTHA HERRIDGE	Guernsey	9:25.67	
5 th	LAURA MIDDLETON	Jersey	9:32.40	
6 th	PETRA ALLESTAD	Gotland	9:39.39	
7 th	KARIN GAARDLYKKE	Faroe Isles	9:45.59	
8 th	KATRINA ELDRIDGE	Isle of Wight	9:54.34	
9 th	CASEY LEE	Guernsey	10:03.83	
10 th	DEIRDRE ELLIS	Isle of Man	10:37.71	
11 th	KATIE WILKINSON	Isle of Man	10:55.89	
12 th	AIMEE HOLLOWAY	Ynys Môn	11:07.56	

Previous Results / Records

Record: 9.17.44 **By:** Kristina Abbott **Representing:** Cayman Islands, 1999
Gotland Winner: Kristina Abbott **Representing:** Cayman Islands